

NEW JULY 2013 MEETING OF THE MINDS SHOW ON-AIR NOW
By Karen Zarsadiaz-Ige, Public Information Officer II



A new episode of the 10-minute monthly Los Angeles County Department of Mental Health's (LACDMH) *Meeting of the Minds* show is available for viewing on the department's website, Facebook page and YouTube channel. To view it from your personal computer at home, search for "LACDMH PIO" on Facebook and YouTube. *Meeting of the Minds* is also broadcast on the LA County Channel, available through your local Los Angeles area cable provider.

Funded by the voter-passed Mental Health Services Act (MHSA), the monthly show informs residents about the latest news related to mental health and LACDMH. The show features three segments: News, Message from the LACDMH Director (Marvin J. Southard, D.S.W.) and Walk the Talk.

The news segment features the latest mental health-related information and stories. In this month's Message from the Director segment, Dr. Southard talks about creating "health neighborhoods" to make health care and maintenance easier with social support. This month's final segment, Walk the Talk, is a one-on-one discussion with Claire Merrill. She talks about her personal journey of hope, wellness and recovery. Merrill sought professional help after many years of hearing voices. Once she received therapy and medication, she improved and discovered found a welcoming community at the San Fernando Valley Community Mental Health Center, Inc. in the Client Run Center (CRC). On the show, she shares what life is like now for her and her involvement with the CRC in Van Nuys.

As part of LACDMH's anti-stigma and social inclusion campaign, *Meeting of the Minds* reinforces the Department's mission of *Hope, Wellness and Recovery*. Archived shows of *Meeting of the Minds* will be available on the LACDMH website as well as on the LACDMH Facebook and YouTube pages.